

# Bee's Story

My name is Bee and I am a very large, but gentle horse. When I was young, I lived with my mum for the first four years of my life before suddenly some people came and took me away from her and brought me all the way from Cornwall to North Yorkshire on my own. It was a very frightening time and I now really don't like to be parted from those I love – horse or human!

I have been with my human, Alice, since I was four years old, for ten years now and we love each other very much. She goes away occasionally for two or three days for work which I don't like but I have learnt that she always comes back.

One time though, she went away for nine days and I was so very worried as each day passed and she wasn't there. At the same time, my lovely horse friend went to the vets and didn't come home so I became very stressed and frightened. Then I injured my hoof in my field and had to stay in my stable all the time. I was so poorly, sad and worried that I couldn't eat and stood at the back of my stable all day – I didn't even want to look out over my door no matter how hard the other humans who were looking after me tried to help.

One of the humans then decided to ask a special human called Anne for some reiki. She helps other humans apparently but also, luckily for me, helps horses too! After a short while I started to feel a little bit better and decided that I really should eat as I needed to be well for when my human comes home. My injury started to heal, and I realised that my horse friend had died and not just left me, I started to make friends with other horses and soon all would be well.

I think that Anne is a very special human who can help, even when she's not right next to me. I hope she will come and see me soon so that I can nuzzle her and give her a scratch to say "thank you". I don't know how she did it but she really helped me.

Love Bee xxx

